

# Fruit of the Spirit (Part-09) - Self Control


(Number 14:1-24)

## I. Fruit of the Spirit - Self Control

(a). Teacher illustratively explains about the fruit of the Spirit to the children in interesting and attractive ways Gal. 5:22-23

(b). Ask the children to mention the "nine types" of the fruit of the Spirit.

(c). The Ninth type of the fruit of the Spirit is SELF CONTROL. Ask the children to read together the truth in Proverbs 25:28 ("Like a city whose walls are broken down is a man who lacks self-control." - NIV). This means that if we are not able to control ourselves, our lives will be like a broken down walls. Ask the children: what will happen with a house without wall?

 Teacher shares their testimony about self control and the impacts of practising it

(d). Teachers tells the story about the Israelites' rebellion against Moses Number 14:1-24, that includes the following details:


~ Due to lack of self control: the Israelites expressed their negative thoughts (v1-4)

~ Due to lack of self control: The Israelites wished to stone Joshua and Caleb to death (v10)

~ Due to lack of self control: the Israelites chose not to believe in miracles that God had performed(v11)

~ Due to lack of self control: the Israelites chose to disobey against what God had said to them (v11)

~ Due to lack of self control: Most Israelites were rejected to enter the Land of Promise (v22-23)

 Teacher asks the children to give examples of "No Self Control" attitudes

(e). Lesson from the story of the Israelites' "No Self-Control" Attitudes:

(i). Without self-control children tend to vent their anger uncontrollably (v1-4,10).

(ii). Without self-control children tend to force other people to fulfill their desire


(iii). Without self-control children tend to be whinging around to their parents

(iv). Without self-control children we will fail to make God's heart happy

(v). Without self-control we will not be able to see the greatness of our God

## II. How to get self control into practice?

(1). Think first before doing and saying anything

 Teacher shares their testimony of attitudes "thinking first before doing and saying anything" and the impacts of this practice

(2). Do not force yourself and others in order to get what you desire

\* Ask the children to memorise Proverbs 14:16 (A quick-tempered man does foolish things, and a crafty man is hated. - NIV)

\* Bring your desire to God through prayers and never force others and yourself to provide it for you

\* Teacher encourages the children to practise self control daily:

(i). Behave yourselves & never force others

(ii). Be always good examples to others

(iii). Rely on God in every situation

## III. Class Creativity